EXERCISE PHYSIOLOGY

Assignments Schedule

Exams Schedule

Periodic quizzes and midterm exam on topics outlined below will determine 10% of the final grade

Exam	Date	Topics included
Quiz 1	14/2/2015	Energy systems
Quiz 2	7/3/2015	Pulmonary and systemic circulation Cardiac cycle
Quiz 3	21/3/2015	Mechanism of respiration Lung volumes and capacities
Midterm exam	4/4/2015	Chapter1-2-3
Quiz 4	18/4/2015	Mechanism of muscle contraction