

Women health department subjects (lectures & practical lab)

3rd year
Physical therapy for women health
physical therapy organization and management

Strategic Plan for department physical therapy for Women Health

Vision

Our vision is to be the provider of choice for health care and health information in field of women health and Leadership at the local and regional level, valuable study of women's health in order to excel academically and research and in community service

Mission:

Department of Women's Health is designed to prepare and teach students to study the health problems of women during adolescence, the reproductive and postmenopausal period and graduation creative students in conducting scientific research and to contribute effectively to the healthy and development of society

Objectives:

- 1- Provide qualified graduates in the appropriate care for women through the stages of life.
- 2- Provide graduates with the ability to deal with the physiological and psychological changes in women's lives.
- 3-The student is able to use relevant training equipment with obstetric and gynecological cases efficiently and safely.
- 4- To consider the moral, ethical and legal issues regarding the practice of physical therapy in the obstetrics and gynecology field.
- 5- Establish a large number of researches that serve developing of knowledge in physical therapy for women health.

الهيكل التنظيمي لقسم صحة المرأة

عميد الكلية استاذ بقسم العلاج الطبيعي لصحة المرأة	أ.د فايز فاروق الشامي
وكيل الكلية لشئون التعليم والطلاب واستاذ مساعد بقسم العلاج الطبيعي لصحة المرأة	أ.م.د ايمان عبد الفتاح الحصري
مدرس مساعد	مي البنا
مدرس مساعد	الاء جابر
معيدة	منة الفولى

Physical therapy for women health(2022)

Date	Lecture	Lab	Clinical Practice
1 st week	• Sheet + Clinical evaluation of patient	Breathing & Circulatory Exercised	• Sheet + Clinical evaluation of patient
2 nd	Role of P.T. in ante-natal period	Pelvic Floor Exercises	• Sheet + Clinical evaluation of patient Clinical evaluation
3 rd	Role of P.T. after normal vaginal delivery.	Postural correction	Clinical evaluation
4 th	Role of P.T. after C.S.	Abdominal exercises	Role of physical therapy in postnatal cases
5 th	Role of P.T. after C.S.	Rectus Diastasis	Clinical Exam
6 th	Role of P.T. in puerperium	Relaxation Training	Application of pelvic floor exercises

	complication management		
7 th	Role of P.T. in menopause	Balance Exercises	Application of Abdominal Exercises
8 th	Role of P.T. in urogenital dysfunction	Antenatal Classless Ergonomics principles	Role of P.T. in management of stress incontinence
9 th	Role of P.T. in urogenital dysfunction	Physical therapy Modalities For Pelvic Floor weakness	Midterm Exam
10 th	Role of P.T. in dysmenorrhea	Midterm Exam	Role of P.T. in management of genital prolapse
11 th	Role of P.T. in polycystic ovarian syndrome	Rectus diastases management	Application of Balance Exercises
12 th	P.T. care of patients undergoing gynecological surgery	Electrotherapy modalities in obstetric cases	Physical therapy role in postoperative cases
13 th	Continue Role of P.T. in Chronic pelvic pain	Electrotherapy modalities in gynecological cases	Exam
14 th	Revision	Revision	Revision

physical therapy organization and management

Serial No.	Topic	Theoretical
1 st	Introduction	2
2 nd	Planning , organization, direction, and control function	2
3 rd	Administration levels Management skills	2
4 th	System approach communication	2
5 th	Decision making and decision taking	2
6 th	Business planning goals authority	2
7 th	Midterm exam	
8 th	Resposability, accountability leadership	2
9 th	Co –ordination	2

	Vision and mission	
10 th	Strategic planning	2
11 th	Staffing, & total quality management	2
12 th	Marketing research	2

توصيات عامة بالقسم

- 1- يرجى من السادة اعضاء الهيئة المعاونة الحرص على متابعة حضور الطلاب فى السكاثن العملية مع اخذ الاحراءات الاحترافية والزام الطلبة بلبس الكمامات و التعقيم المستمر وارتداء الزي المخصص للسكاثن التطبيقية
- 2- تسليم نسخة من الدرجات والامتحانات الدورية لرئيس القسم بصورة دورية
- 3- ابلاغ رئيس القسم