

CURRICULUM VITAE

Personal Data

Name : Eman Abd Elfatah Mohamed El hosary

Date of birth : 9/4/1979

Marital state : married

Nationality : Egyptian

Foreign Language : English

Address : Kafr Elsheikk – Egypt

Phone number : **Home:** 0472707610 , **Mobile:** 01276704277

Educational Experience:

-B.Sc of Physical Therapy– Cairo University
-Master degree of Physical Therapy- Cairo University
-Assistant Lec.- Faculty of Physical Therapy- Cairo University
Lecturer in department of physical therapy for obstetrics and gynecology
Cairo university
Lecturer in women health department Kafr elsheikh university
Assist. Prof in women health department Kafr elsheikh university

Department : **Physical Therapy for Obstetric& Gynecology**
Graduation : 2000
year
Grade : **Very Good with honors**
Master degree : **Very Good** 2007
Doctoral : 2013

Assist prof 2018

Professional Experience:

Assistant lecturer in P.T department for Gynecology & Obstetrics,
Faculty of physical therapy, Cairo University and this includes:

- Teaching the lab and practical sessions.
- Department's work including office hours and attending seminars.

Conferences and Continuing Education attended:

Work shop certificate

* Pelvic floor dysfunction assessment and treatment demonstrated by:
Dr. Anitta Schilling.

*Course specification, demonstrated by: Prof. Dr. Saed Sallam

- **Faculty and leadership development certificates:**

- ١- Effective learning skills.
- ٢- Effective communication skills.
- ٣- Effective conferences managing.
- ٤- Quality assurance and accreditation.
- ٥- Scientific research.

Activities: Nutrient Diploma Cambridge

Work shop in manual therapy by Camber Kaper

Work shop in Kinesiotaping_in women health

Researches:

Master Thesis title: "Effect of Low level laser Therapy and Exercises
in Treating Pelvic inflammatory disease"

Passed in the preparation for Doctorate Degree with general grade "B" very good and submitted a protocol in the partial fulfillment of the requirement for the Doctorate Degree on "Effect of electro acupuncture in reducing labor pain".

Published paper:

- ١-EFFICACY OF LASER ACUPUNCTURE WITH MITCHELL'S SIMPLE PHYSIOLOGICAL RELAXATION TECHNIQUE IN ALLEVIATING PREMENSTRUAL TENSION
٢٠١٤
- ٢-Effect of light therapy on episiotomy in postpartum women
- ٣- EFFECT OF AEROBIC EXERCISES VERSUS FOOT REFLEXOLOGY ON POSTMENOPAUSAL DEPRESSION
- ٤- Efficacy of bee venom phonophoresis in treatment of chronic pelvic inflammatory diseases
- ٥-Effect of therapeutic exercises augmented by kinesio tape in treatment of scoliosis in adolescent females
- ٦-Efficacy of pulsed electromagnetic wave versus low level laser therapy in treatment of primary dysmenorrhea
- ٧-Effect of therapeutic exercises augmented by kinesio tape in treatment of scoliosis in adolescent females
- ٨-Effect of obesity on balance in adolescent females
- ٩- Effect of aerobic exercise versus laser acupuncture in hot flashes in post menopauseal women
- ١٠- Efficacy of kinesiotape on functional disability of women with postnatal back pain
- ١٢-Relation between body mass index and premenstrual syndrome
- ١٣-Relation between body mass index and iron deficiency anemia in adolescent females
- ١٤-Effect of Dry Cupping in Treatment of Nausea and Vomiting during Pregnancy
- ١٥-Effect of Antenatal Pelvic Floor Muscle Exercise on Mode of Delivery: A Randomized Controlled Trial
- ١٦-Efficacy of Pulsed Electromagnetic Field in Treatment of Primary Dysmenorrhea.
- ١٧- Effect of bee venom phonophoresis in obese polycystic ovarian women: A Single Blind Randomized Controlled Trial

Books

communication skills for physical therapy students
physical therapy in women health students book

practical in women health
cupping therapy in women health