



Psychiatric Nursing and Mental Health Department

Psychiatric and Mental Health Nursing (Nur 120405)

Timetable

Faculty of nursing 2024-2025 (2nd semester)

	Topic	lecturer	Date
1	-Introduction to psychiatric nursing -Mental health and Mental illness -	Prof. Sabah abuelfetoh	9/2/2025
2	-Legal and ethical aspect of psychiatric nursing	Assist.prof.Dr.Omnya Elayari	16/2/2025
3	-Nurse patient relationship and Communication skills for psychiatric patient	Prof. Sabah abuelfetoh	23/2/2025
4	-personality development theory -psychoanalytic Theory of personality development	Assist.prof.Dr.Omnya Elayari	2/3/2025
5	-Defense mechanism	Prof. Sabah abuelfetoh	9/3/2025
6	-Anxiety disorders -Post traumatic stress	Assist.prof.Dr.Omnya Elayari	16/3/2025
7	-Schizophrenic disorders. & Delusional disorder according to DSM V	Prof. Sabah abuelfetoh	23/3/2025
8	-Mood disorders (Depressive disorders& bipolar disorders) according to DSM V	Assist.prof.Dr.Omnya Elayari	6/4/2025
9	- Violence behavior - Child psychiatric disorders	Prof. Sabah abuelfetoh	13/4/2025

Faculty dean

Prof.Dr. Sabah Abu elfetouh

Department supervisor

Assist.prof.Dr.Omnya Elayari



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	-Autistic disorders		
10	- Somatoform disorder & Dissociative disorders	Assist.prof.Dr.Omnya Elayari	20/4/2025
11	- Substance abuse and dependence	Prof. Sabah abuelfetoh	27/4/2025
12	- Substance abuse disorders	Assist.prof.Dr.Omnya Elayari	4/5/2025
13	- Cognitive impairment	Prof. Sabah abuelfetoh	11/5/2025
14	- Child psychiatric disorders - ADHD	Assist.prof.Dr.Omnya Elayari	18/5/2025
15	- Community mental health services in Egypt	Prof. Sabah abuelfetoh	25/5/2025

Faculty dean

Prof.Dr. Sabah Abu elfetouh

Department supervisor

Assist.prof.Dr.Omnya Elayari



Psychiatric Nursing and Mental Health Department



Suggested teaching plan for psychiatric and mental health nursing Course Code: (NUR 120405)

2nd Semester 2024-2025

Students no: 127 student

staff members: 6

Pre-clinical skills preparation group (A)

Day	Topic	Staff. Member
8-9/2/2025	<ul style="list-style-type: none">• Basic principles in dealing with psychiatric patients	Gehad
	<ul style="list-style-type: none">• Basic clinical terminology	
15-16/2/2025	<ul style="list-style-type: none">• Introduction to psychopharmacology• Nursing care of patient using Antipsychotic medication• Nursing care of patient using Antiparkinsonian medication	Amira
	<ul style="list-style-type: none">• Nursing care of patient using Antianxiety medication• Nursing care of patient using Antidepressant medication• Nursing care of patient using Lithium	
22-23/2/2025	<ul style="list-style-type: none">• Nursing care for hallucination• Nursing care for delusion• Electroconvulsive therapy (ECT)• Written work	Karima
		Hind
		Fatma
		Shimaa
		Hager



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8/2/2025:23/2/2025		Pre-clinical skills preparation (All staff members)	
Date	1/3/2025: 23/3/2025	29/3/2025: 27/4/2025	3/5/2025: 25/5/2025
G1	Conference (21 student) Karima	Simulation lab (21 student) Gehad	Hospital (21 student) Shimaa
G2	Conference (21 student) Hind	Simulation lab (21 student) Amira	Hospital (21 student) Gehad. Fatma
G3	Simulation lab (21 student) Shimaa	Hospital (21 student) Karima	Conference (21 student) Hager
G4	Simulation lab (21 student) Hager	Hospital (21 student) Hind. Hager	Conference (21 student) Amira
G5	Hospital (21 student) Gehad. Fatma	Conference (21 student) Fatma	Simulation lab (21 student) Karima
G6	Hospital (21 student) Amira	Conference (21 student) Shimaa	Simulation lab (21 student) Hind
Week 15	Clinical exam		



Psychiatric Nursing and Mental Health Department



Suggested teaching plan for psychiatric and mental health nursing
Course Code: (NUR 120405)

2nd Semester 2024-2025

Students no: 127 student

staff members: 6

Pre-clinical skills preparation group (B)

Day	Topic	Staff. Member
10-11/2/2025	<ul style="list-style-type: none">• Basic principles in dealing with psychiatric patients	Gehad
	<ul style="list-style-type: none">• Basic clinical terminology	
17-18/2/2025	<ul style="list-style-type: none">• Introduction to psychopharmacology• Nursing care of patient using Antipsychotic medication• Nursing care of patient - using Antiparkinsonian medication	Amira
	<ul style="list-style-type: none">• Nursing care of patient using Antianxiety medication• Nursing care of patient using Antidepressant medication• Nursing care of patient using Lithium	
24-25/2/2025	<ul style="list-style-type: none">• Nursing care for hallucination• Nursing care for delusion• Electroconvulsive therapy (ECT)• Written work	Karima
		Hind
		Fatma
		Shimaa
		Hager



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10/2/2025:25/2/2025		Pre-clinical skills preparation (All staff members)	
Date	3/3/2025: 26/3/2025	31/3/2025: 29/4/2025	5/5/2025: 27/5/2025
G1	Conference (21 student) Karima	Simulation lab (21 student) Gehad	Hospital (21 student) Shimaa
G2	Conference (21 student) Hind	Simulation lab (21 student) Amira	Hospital (21 student) Gehad. Fatma
G3	Simulation lab (21 student) Shimaa	Hospital (21 student) Karima	Conference (21 student) Hager
G4	Simulation lab (21 student) Hager	Hospital (21 student) Hind. Hager	Conference (21 student) Amira
G5	Hospital (21 student) Gehad. Fatma	Conference (21 student) Fatma	Simulation lab (21 student) Karima
G6	Hospital (21 student) Amira	Conference (21 student) Shimaa	Simulation lab (21 student) Hind
Week 15	Clinical exam		



Psychiatric Nursing and Mental Health Department



Suggested teaching plan for psychiatric and mental health nursing
Course Code: (NUR 120405)

2nd Semester 2024-2025

Students no: 127 student

staff members: 6

Pre-clinical skills preparation group (C)

Day	Topic	Staff. Member
12-13/2/2025	<ul style="list-style-type: none">• Basic principles in dealing with psychiatric patients	Gehad
	<ul style="list-style-type: none">• Basic clinical terminology	
19-20/2/2025	<ul style="list-style-type: none">• Introduction to psychopharmacology• Nursing care of patient using Antipsychotic medication• Nursing care of patient using Antiparkinsonian medication	Amira
	<ul style="list-style-type: none">• Nursing care of patient using Antianxiety medication• Nursing care of patient using Antidepressant medication• Nursing care of patient using Lithium	
26-27/2/2025	<ul style="list-style-type: none">• Nursing care for hallucination• Nursing care for delusion• Electroconvulsive therapy (ECT)• Written work	Karima
		Hind
		Fatma
		Shimaa
		Hager



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12/2/2025:27/2/2025		Pre-clinical skills preparation (All staff members)	
Date	5/3/2025: 28/3/2025	2/4/2025: 1/5/2025	7/5/2025: 29/5/2025
G1	Conference (21 student) Karima	Simulation lab (21 student) Gehad	Hospital (21 student) Shimaa
G2	Conference (21 student) Hind	Simulation lab (21 student) Amira	Hospital (21 student) Gehad. Fatma
G3	Simulation lab (21 student) Shimaa	Hospital (21 student) Karima	Conference (21 student) Hager
G4	Simulation lab (21 student) Hager	Hospital (21 student) Hind. Hager	Conference (21 student) Amira
G5	Hospital (21 student) Gehad. Fatma	Conference (21 student) Fatma	Simulation lab (21 student) Karima
G6	Hospital (21 student) Amira	Conference (21 student) Shimaa	Simulation lab (21 student) Hind
Week 15	Clinical exam		



Psychiatric Nursing and Mental Health Department

Suggested teaching plan for psychiatric and mental health nursing
Course Code: (NUR 120405)

1st Semester 2024-2025

Students no: 100 student

staff members: 6

Pre-clinical skills preparation group A)

Day	Topic	Staff. Member
28-29/9/2024	<ul style="list-style-type: none">• Basic principles in dealing with psychiatric patients• + Basic clinical terminology	Dr. Gehad Dr. Amira Dr. Karima Dr. Hind Dr. Fatma Dr. Shimaa Dr. Hager
	<ul style="list-style-type: none">• Basic clinical terminology & Introduction to psychopharmacology	
5-6/10/2024	<ul style="list-style-type: none">• Nursing care of patient using Antipsychotic medication• Nursing care of patient using Antiparkinsonian medication• Nursing care of patient using Antianxiety medication	
	<ul style="list-style-type: none">• Nursing care of patient using Antidepressant medication• Nursing care of patient using Lithium• Written work	

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28/9/2024:6/10/2024		Pre-clinical skills preparation (All staff members)	
Date	12/10/2024: 27/10/2024	2/11/2024: 17/11/2024	23/11/2024: 8/12/2024
G1	Conference (34 student) Amira-Hind	Simulation lab (34 student) Amira-Hind	Hospital (34 student) Amira-Hind
G2	Simulation lab (34 student) Gehad -Hager	Hospital (34 student) Gehad -Hager	Conference (34 student) Gehad -Hager
G3	Hospital (34 student) Karima-Fatma-Shimaa	Conference (34 student) Karima-Fatma-Shimaa	Simulation lab (34 student) Karima-Fatma-Shimaa
Week 12,13	Open lab		
Week 14	Clinical exam		

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Psychiatric Nursing and Mental Health Department

Suggested teaching plan for psychiatric and mental health nursing
Course Code: (NUR 120405)

1st Semester 2024-2025

Students no: 200 student

staff members: 6

Pre-clinical skills preparation group (B)

Day	Topic	Staff. Member
30-9-1/10/2024	<ul style="list-style-type: none">• Basic principles in dealing with psychiatric patients• + Basic clinical terminology	Dr. Gehad Dr. Amira
	<ul style="list-style-type: none">• Basic clinical terminology & Introduction to psychopharmacology	
7-8/10/2024	<ul style="list-style-type: none">• Nursing care of patient using Antipsychotic medication• Nursing care of patient using Antiparkinsonian medication• Nursing care of patient using Antianxiety medication	Dr. Karima Dr. Hind Dr. Fatma Dr. Shimaa Dr. Hager
	<ul style="list-style-type: none">• Nursing care of patient using Antidepressant medication• Nursing care of patient using Lithium• Written work	

9/2024:8/10/2024		Pre-clinical skills preparation (All staff members)	
	14/10/2024: 29/10/2024	4/11/2024: 19/11/2024	25/11/2024: 10/12/2024
G1	Conference (35 student) Amira	Simulation lab (35 student) Amira	Hospital (35 student) Amira
G2	Conference (35 student) Hind	Simulation lab (35 student) Hind	Hospital (35 student) Hind
G3	Simulation lab (35 student) Gehad	Hospital (35 student) Gehad	Conference (35 student) Gehad
G4	Simulation lab (35 student) Hager	Hospital (35 student) Hager	Conference (35 student) Hager
G5	Hospital (35 student) Fatma	Conference (35 student) Fatma	Simulation lab (35 student) Fatma
G6	Hospital (35 student) Shimaa- Karima	Conference (35 student) Shimaa- Karima	Simulation lab (35 student) Shimaa- Karima
Week 12,13	Open lab		
Week 14	Clinical exam		



Psychiatric Nursing and Mental Health Department

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1st Semester 2024-2025

Students no: 200 student

staff members: 6

Pre-clinical skills preparation group (C)

Day	Topic	Staff. Member
2-3/10//2024	<ul style="list-style-type: none">• Basic principles in dealing with psychiatric patients• + Basic clinical terminology	Dr. Gehad Dr. Amira
	<ul style="list-style-type: none">• Basic clinical terminology & Introduction to psychopharmacology	
9-10/10/2024	<ul style="list-style-type: none">• Nursing care of patient using Antipsychotic medication• Nursing care of patient using Antiparkinsonian medication• Nursing care of patient using Antianxiety medication	Dr. Karima Dr. Hind Dr. Fatma Dr. Shimaa Dr. Hager
	<ul style="list-style-type: none">• Nursing care of patient using Antidepressant medication• Nursing care of patient using Lithium• Written work	

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2/10/2024:10/10/2024		Pre-clinical skills preparation (All staff members)	
Date	16/10/2024: 31/10/2024	6/11/2024: 21/11/2024	27/11/2024: 12/12/2024
G1	Conference (35 student) Amira	Simulation lab (35 student) Amira	Hospital (35 student) Amira
G2	Conference (35 student) Hind	Simulation lab (35 student) Hind	Hospital (35 student) Hind
G3	Simulation lab (35 student) Gehad	Hospital (35 student) Gehad	Conference (35 student) Gehad
G4	Simulation lab (35 student) Hager	Hospital (35 student) Hager	Conference (35 student) Hager
G5	Hospital (35 student) Fatma	Conference (35 student) Fatma	Simulation lab (35 student) Fatma
G6	Hospital (35 student) Shimaa- Karima	Conference (35 student) Shimaa- Karima	Simulation lab (35 student) Shimaa- Karima
Week 12,13	Open lab		
Week 14	Clinical exam		

2/10/2024

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Faculty of nursing 2024-2025 (1st semester)

	Topic	lecturer	Date
1	-Introduction to psychiatric nursing -Mental health and Mental illness -Community mental health services in Egypt	Prof. Sabah abuelfetoh	30/9/2024
2	-Legal and ethical aspect of psychiatric nursing	Dr.Omnya Elayari	7/10/2024
3	-Nurse patient relationship and Communication skills for psychiatric patient	Prof. Sabah abuelfetoh	14/10/2024
4	-personality development theory -psychoanalytic Theory of personality development	Dr.Omnya Elayari	21/10/2024
5	-Defense mechanism	Prof. Sabah abuelfetoh	28/10/2024
6	-Anxiety disorders -Post traumatic stress	Dr.Omnya Elayari	4/11/2024
7	-Schizophrenic disorders.& Delusional disorder according to DSM V	Prof. Sabah abuelfetoh	11/11/2024
8	-Mood disorders (Depressive disorders& Bipolar disorder) according to DSM V	Dr.Omnya Elayari	18/11/2024
9	-Violence behavior	Prof. Sabah abuelfetoh	3/12/2023

Faculty dean

Prof. Dr. Sabah Abo elfetouh

Department supervisor

Dr. Omnia El-ayari



Psychiatric Nursing and Mental Health Department

10	- Somatoform disorder & Dissociative disorders	Dr.Omnya Elayari	25/11/2023
11	- Substance abuse and dependence	Prof. Sabah abuelfetoh	2/12/2024
12	- Cognitive impairment	Dr.Omnya Elayari	9/12/2024
13	- substance abuse disorders	Prof. Sabah abuelfetoh	16/12/2024
14	- Child psychiatric disorders - Autistic disorders	Dr.Omnya Elayari	23/12/2024
15	- Child psychiatric disorders - ADHD	Prof. Sabah abuelfetoh	30/12/2024

Faculty dean
Prof. Dr. Sabah Abo elfetouh

Department supervisor

Dr. Omniya El-ayari