



## Psychiatric Nursing and Mental Health Department



Suggested teaching plan for psychiatric and mental health nursing  
Course Code: (NUR 120405)

1<sup>st</sup> Semester 2023-2024

Students no: 207 student

staff members: 6

Pre-clinical skills preparation group (A)

Day	Topic	Staff. Member
7-8/10/2023	<ul style="list-style-type: none"><li>• Basic principles in dealing with psychiatric patients</li><li>• + Basic clinical terminology</li></ul>	G1: Dr. Gehad G2: Dr. Amira G3: Dr. Karima G4: Dr. Hind G5: Dr. Fatma G6: Dr. Shima
	<ul style="list-style-type: none"><li>• Basic clinical terminology &amp; Introduction to psychopharmacology</li></ul>	
14-15/10/2023	<ul style="list-style-type: none"><li>• Nursing care of patient using Antipsychotic medication</li><li>• Nursing care of patient using Antiparkinsonian medication</li><li>• Nursing care of patient using Antianxiety medication</li></ul>	
	<ul style="list-style-type: none"><li>• Nursing care of patient using Antidepressant medication</li><li>• Nursing care of patient using Lithium</li><li>• Written work</li></ul>	

Faculty dean

Prof.Dr / sabah Abouelfetouh

Department supervisor

Prof.Dr / sabah Abouelfetouh



## Psychiatric Nursing and Mental Health Department



7/10/2023

15/10/2023

### Pre-clinical skills preparation

Date	21/10/2023 : 5/11/2023	11/11/2023 : 26/11/2023	2/12/2023 : 17/12/2023
G1	Conference  (35 student)  Dr. Shimaa	Simulation lab  (35 student)  Dr. Karima	Hospital
			G: (1/A) Case study
			(1 <sup>st</sup> 3days) (1 <sup>st</sup> 18 student) Dr. Amira
			G: (1/B) Hospital (1 <sup>st</sup> 3days) (2 <sup>nd</sup> 17 student) Dr. Gehad Dr. Mona
			Hospital (2 <sup>nd</sup> 3days) (1 <sup>st</sup> 17 student) Dr. Amira Dr. Mona
G2	Conference	Simulation lab	Hospital

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## Psychiatric Nursing and Mental Health Department



	(35 student) Dr. Hend	(35 student) Dr. Fatma	G: (2/A) Case study (1 <sup>st</sup> 3days) (1 <sup>st</sup> 17 student) Dr. Amira	G: (2/B) Hospital (1 <sup>st</sup> 3days) (2 <sup>nd</sup> 18 student) Dr. Gehad Dr. Mona
			Hospital (2 <sup>nd</sup> 3days) (1 <sup>st</sup> 18 student) Dr. Amira Dr. Mona	Case study (2 <sup>nd</sup> 3days) (2 <sup>nd</sup> 17 student) Dr. Gehad
G3	Simulation lab  (35 student) Dr. Gehad	Hospital		Conference  (35 student) Dr. Karima
		G:(3/A) Case study (1 <sup>st</sup> 3days) (1 <sup>st</sup> 17 student) Dr. Shimaa	G: (3/B) Hospital (1 <sup>st</sup> 3days) (2 <sup>nd</sup> 18 student) Dr. Hend Dr. Mona	
		Hospital (2 <sup>nd</sup> 3days) (1 <sup>st</sup> 18 student) Dr. Shimaa Dr. Mona	Case study (2 <sup>nd</sup> 3days) (2 <sup>nd</sup> 17 student) Dr. Hend	

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## Psychiatric Nursing and Mental Health Department



G4	Simulation lab		Hospital		Conference
	(35 student)		G: (4/A)	G: (6/B)	
	Dr. Amira		Case study	Hospital	
	(1 <sup>st</sup> 3days)		(1 <sup>st</sup> 3days)		
	(1 <sup>st</sup> 17 student)		(2 <sup>nd</sup> 18 student)		
	Dr. Shimaa	Dr. Hend	Dr. Mona	Dr. Heba	
	Hospital	Case study			
	(2 <sup>nd</sup> 3days)	(2 <sup>nd</sup> 3days)			
	(1 <sup>st</sup> 18 student)	(2 <sup>nd</sup> 17 student)			
	Dr. Shimaa	Dr. Hend			
	Dr. Mona				
	Dr. Heba				

G5	Hospital		Conference	Simulation lab
	G: (5/A)	G: (5/B)		
	Case study	Hospital		
	(1 <sup>st</sup> 3days)	(1 <sup>st</sup> 3days)		
	(1 <sup>st</sup> 17 student)	(2 <sup>nd</sup> 18 student)		
	Dr. Fatma	Dr. Karima		
		Dr. Mona		
		Dr. Heba		

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## Psychiatric Nursing and Mental Health Department



G6	Hospital (2 <sup>nd</sup> 3days) (1 <sup>st</sup> 18 student) Dr. Fatma Dr. Mona Dr. Heba	Case study (2 <sup>nd</sup> 3days) (2 <sup>nd</sup> 17 student) Dr. Karima		
	Hospital		Conference (35 student) Dr. Amira	Simulation lab (35 student) Dr. Shimaa
	G: (6/A) Case study (1 <sup>st</sup> 3days) (1 <sup>st</sup> 17student) Dr. Fatma	G: (6/B) Hospital (1 <sup>st</sup> 3days) (2 <sup>nd</sup> 18 student) Dr. Karima Dr. Mona Dr. Heba		
	Hospital (2 <sup>nd</sup> 3days) (1 <sup>st</sup> 18 student) Dr. Fatma Dr. Mona Dr. Heba	Case study (2 <sup>nd</sup> 3days) (2 <sup>nd</sup> 17 student) Dr. Karima		
Week 13,14	Open lab			
Week 15	Clinical exam			

Faculty dean

Prof.Dr / sabah Abouelfetouh

Department supervisor

Prof.Dr / sabah Abouelfetouh



## Psychiatric Nursing and Mental Health Department



Suggested teaching plan for psychiatric and mental health nursing  
Course Code: (NUR 120405)

1<sup>st</sup> Semester 2023-2024

Students no: 206 student

staff members: 6

### Pre-clinical skills preparation group (B)

Day	Topic	Staff. Member
9-10/10/2023	<ul style="list-style-type: none"><li>• Basic principles in dealing with psychiatric patients</li><li>• + Basic clinical terminology</li></ul>	G1: Dr. Gehad
	<ul style="list-style-type: none"><li>• Basic clinical terminology &amp; Introduction to psychopharmacology</li></ul>	
16-17/10/2023	<ul style="list-style-type: none"><li>• Nursing care of patient using Antipsychotic medication</li><li>• Nursing care of patient using Antiparkinsonian medication</li><li>• Nursing care of patient using Antianxiety medication</li></ul>	G2: Dr. Amira G3: Dr. Karima G4: Dr. Hind G5: Dr. Fatma G6: Dr. Shimaa
	<ul style="list-style-type: none"><li>• Nursing care of patient using Antidepressant medication</li><li>• Nursing care of patient using Lithium</li><li>• Written work</li></ul>	

Faculty dean

Prof. Dr / sabah Abouelfetouh

Department supervisor

Prof. Dr / sabah Abouelfetouh



**Psychiatric Nursing and Mental  
Health Department**



9/10/2023

:

17/10/2023

**Pre-clinical skills preparation**

Date	23/10/2023 : 7/11/2023	13/11/2023 : 28/11/2023	4/12/2023 : 19/12/2023
G1	Conference  (35 student)  Dr. Shimaa	Simulation lab  (35 student)  Dr. Karima	Hospital
			G: (1/A) Case study
			G: (1/B) Hospital
			(1 <sup>st</sup> 3days) (1 <sup>st</sup> 18 student) Dr. Amira
			(1 <sup>st</sup> 3days) (1 <sup>st</sup> 17 student) Dr. Amira Dr. Mona
			(1 <sup>st</sup> 3days) (1 <sup>st</sup> 17 student) Dr. Amira Dr. Mona
G2	Conference  (35 student)  Dr. Hend	Simulation lab  (35 student)  Dr. Fatma	Hospital
			G: (2/A) Case study
			G: (2/B) Hospital
			(1 <sup>st</sup> 3days) (1 <sup>st</sup> 17 student)

Faculty dean

Prof.Dr / sabah Abouelfetouh

Department supervisor

Prof.Dr / sabah Abouelfetouh



## Psychiatric Nursing and Mental Health Department



			<b>Dr. Amira</b>	<b>Dr. Gehad</b>  <b>Dr. Mona</b>
			<b>Hospital</b> <b>(2<sup>nd</sup> 3days)</b> <b>(1<sup>st</sup> 18 student)</b> <b>Dr. Amira</b> <b>Dr. Mona</b>	<b>Case study</b> <b>(2<sup>nd</sup> 3days)</b> <b>(2<sup>nd</sup> 17 student)</b> <b>Dr. Gehad</b>
33	<b>Simulation lab</b>  <b>(35 student)</b> <b>Dr. Gehad</b>	<b>Hospital</b>		<b>Conference</b>  <b>(35 student)</b> <b>Dr. Karima</b>
		<b>G:(3/A)</b> <b>Case study</b> <b>(1<sup>st</sup> 3days)</b> <b>(1<sup>st</sup> 17 student)</b> <b>Dr. Shimaa</b>	<b>G: (3/B)</b> <b>Hospital</b> <b>(1<sup>st</sup> 3days)</b> <b>(2<sup>nd</sup> 18 student)</b> <b>Dr. Hend</b> <b>Dr. Mona</b>	
		<b>Hospital</b> <b>(2<sup>nd</sup> 3days)</b> <b>(1<sup>st</sup> 18 student)</b> <b>Dr. Shimaa</b> <b>Dr. Mona</b>	<b>Case study</b> <b>(2<sup>nd</sup> 3days)</b> <b>(2<sup>nd</sup> 17 student)</b> <b>Dr. Hend</b>	
	<b>Simulation lab</b>	<b>Hospital</b>		<b>Conference</b>

Faculty dean  
  
Prof.Dr / sabah Abouelfetouh

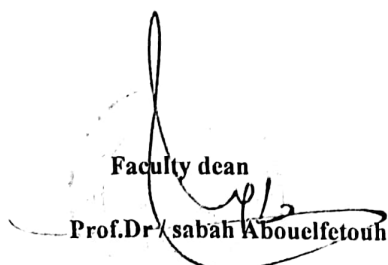
Department supervisor  
  
Prof.Dr / sabah Abouelfetouh

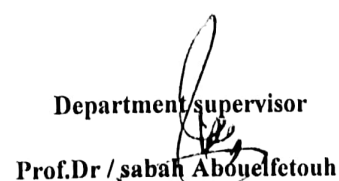


## Psychiatric Nursing and Mental Health Department



	<b>(35 student)</b>  <b>Dr. Amira</b>		<b>G: (4/A)</b> <b>Case study</b>	<b>G: (6/B)</b> <b>Hospital</b>	<b>(35 student)</b>  <b>Dr. Fatma</b>
			<b>(1<sup>st</sup> 3days)</b>  <b>(1<sup>st</sup> 17 student)</b>  <b>Dr. Shimaa</b>	<b>(1<sup>st</sup> 3days)</b>  <b>(2<sup>nd</sup> 18 student)</b> <b>Dr. Hend</b>  <b>Dr. Mona</b>  <b>Dr. Heba</b>	
			<b>Hospital</b>	<b>Case study</b>	
			<b>(2<sup>nd</sup> 3days)</b>  <b>(1<sup>st</sup> 18 student)</b>  <b>Dr. Shimaa</b>  <b>Dr. Mona</b>  <b>Dr. Heba</b>	<b>(2<sup>nd</sup> 3days)</b>  <b>(2<sup>nd</sup> 17 student)</b>  <b>Dr. Hend</b>	
<b>G5</b>	<b>Hospital</b>		<b>Conference</b>		<b>Simulation lab</b>
	<b>G: (5/A)</b> <b>Case study</b>	<b>G: (5/B)</b> <b>Hospital</b>	<b>(35 student)</b>  <b>Dr. Gehad</b>		<b>(35 student)</b>  <b>Dr. Hend</b>
	<b>(1<sup>st</sup> 3days)</b> <b>(1<sup>st</sup> 17 student)</b>  <b>Dr. Fatma</b>	<b>(1<sup>st</sup> 3days)</b> <b>(2<sup>nd</sup> 18 student)</b>  <b>Dr. Karima</b>  <b>Dr. Mona</b>  <b>Dr. Heba</b>			

  
 Faculty dean  
 Prof.Dr / sabah Abouelfetouh

  
 Department supervisor  
 Prof.Dr / sabah Abouelfetouh



## Psychiatric Nursing and Mental Health Department



	<b>Hospital</b> <b>(2<sup>nd</sup> 3days)</b> <b>(1<sup>st</sup> 18 student)</b> <b>Dr. Fatma</b> <b>Dr. Mona</b> <b>Dr. Heba</b>	<b>Case study</b>  <b>(2<sup>nd</sup> 3days)</b>  <b>(2<sup>nd</sup> 17 student)</b>  <b>Dr. Karima</b>		
<b>G6</b>	<b>Hospital</b>		<b>Conference</b>  <b>(35 student)</b>  <b>Dr. Amira</b>	<b>Simulation lab</b>  <b>(35 student)</b>  <b>Dr. Shimaa</b>
	<b>G: (6/A)</b> <b>Case study</b> <b>(1<sup>st</sup> 3days)</b> <b>(1<sup>st</sup> 17student)</b> <b>Dr. Fatma</b>	<b>G: (6/B)</b> <b>Hospital</b> <b>(1<sup>st</sup> 3days)</b> <b>(2<sup>nd</sup> 18 student)</b> <b>Dr. Karima</b> <b>Dr. Mona</b> <b>Dr. Heba</b>		
	<b>Hospital</b> <b>(2<sup>nd</sup> 3days)</b> <b>(1<sup>st</sup> 18 student)</b> <b>Dr. Fatma</b> <b>Dr. Mona</b> <b>Dr. Heba</b>	<b>Case study</b> <b>(2<sup>nd</sup> 3days)</b> <b>(2<sup>nd</sup> 17 student)</b> <b>Dr. Karima</b>		
<b>Week 13,14</b>	<b>Open lab</b>			
<b>Week 15</b>	<b>Clinical exam</b>			

**Faculty dean**  
**Prof.Dr / sabah Abouelfetouh**

**Department supervisor**  
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## Psychiatric Nursing and Mental Health Department



Suggested teaching plan for psychiatric and mental health nursing  
Course Code: (NUR 120405)

1<sup>st</sup> Semester 2023-2024

Students no: 206 student

staff members: 6

Pre-clinical skills preparation group (C)

Day	Topic	Staff. Member
11-12/10/2023	<ul style="list-style-type: none"><li>• Basic principles in dealing with psychiatric patients</li><li>• + Basic clinical terminology</li></ul>	G1: Dr. Gehad
	<ul style="list-style-type: none"><li>• Basic clinical terminology &amp; Introduction to psychopharmacology</li></ul>	
18-19/10/2023	<ul style="list-style-type: none"><li>• Nursing care of patient using Antipsychotic medication</li><li>• Nursing care of patient using Antiparkinsonian medication</li><li>• Nursing care of patient using Antianxiety medication</li></ul>	G2: Dr. Amira G3: Dr. Karima G4: Dr. Hind G5: Dr. Fatma G6: Dr. Shimaa
	<ul style="list-style-type: none"><li>• Nursing care of patient using Antidepressant medication</li><li>• Nursing care of patient using Lithium</li><li>• Written work</li></ul>	

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Department supervisor  
Prof. Dr / sabah Abouelfetouh

**Psychiatric Nursing and Mental  
Health Department**



11/10/2023

:

19/10/2023

**Pre-clinical skills preparation**

Date	25/10/2023 : 9/11/2023	15/11/2023 : 30/11/2023	6/12/2023 : 21/12/2023
G1	Conference  (35 student) Dr. Shimaa	Simulation lab  (35 student) Dr. Karima	Hospital
			G: (1/A)      G: (1/B) Case study      Hospital
			(1 <sup>st</sup> 3days)      (1 <sup>st</sup> 3days) (1 <sup>st</sup> 18 student)      (2 <sup>nd</sup> 17 student) Dr. Amira      Dr. Gehad Dr. Mona
			Hospital      Case study
			(2 <sup>nd</sup> 3days)      (2 <sup>nd</sup> 3days) (1 <sup>st</sup> 17 student)      (2 <sup>nd</sup> 18 student) Dr. Amira      Dr. Hend Dr. Mona
G2	Conference  (35 student) Dr. Hend	Simulation lab  (35 student) Dr. Fatma	Hospital
			G: (2/A)      G: (2/B) Case study      Hospital
			(1 <sup>st</sup> 3days)      (1 <sup>st</sup> 3days) (1 <sup>st</sup> 17 student)      (2 <sup>nd</sup> 18 student)

Faculty dean

Prof.Dr / sabah Abouelfetouh

Department supervisor

Prof.Dr / sabah Abouelfetouh



## Psychiatric Nursing and Mental Health Department



				<b>Dr. Amira</b>	<b>Dr. Gehad</b>  <b>Dr. Mona</b>
				<b>Hospital</b> <b>(2<sup>nd</sup> 3days)</b> <b>(1<sup>st</sup> 18 student)</b> <b>Dr. Amira</b> <b>Dr. Mona</b>	<b>Case study</b> <b>(2<sup>nd</sup> 3days)</b> <b>(2<sup>nd</sup> 17 student)</b> <b>Dr. Gehad</b>
<b>G3</b>	<b>Simulation lab</b>  <b>(35 student)</b> <b>Dr. Gehad</b>	<b>Hospital</b>		<b>Conference</b>  <b>(35 student)</b> <b>Dr. Karima</b>	
		<b>G:(3/A)</b> <b>Case study</b> <b>(1<sup>st</sup> 3days)</b> <b>(1<sup>st</sup> 17 student)</b> <b>Dr. Shimaa</b>	<b>G: (3/B)</b> <b>Hospital</b> <b>(1<sup>st</sup> 3days)</b> <b>(2<sup>nd</sup> 18 student)</b> <b>Dr. Hend</b> <b>Dr. Mona</b>		
		<b>Hospital</b> <b>(2<sup>nd</sup> 3days)</b> <b>(1<sup>st</sup> 18 student)</b> <b>Dr. Shimaa</b> <b>Dr. Mona</b>	<b>Case study</b> <b>(2<sup>nd</sup> 3days)</b> <b>(2<sup>nd</sup> 17 student)</b> <b>Dr. Hend</b>		
<b>G4</b>	<b>Simulation lab</b>	<b>Hospital</b>		<b>Conference</b>	

Faculty dean  
Prof. Dr. / sabah Abouelfetouh

Department supervisor  
Prof. Dr. / sabah Abouelfetouh



## Psychiatric Nursing and Mental Health Department



	<b>(35 student)</b> <b>Dr. Amira</b>		<b>G: (4/A)</b> <b>Case study</b>	<b>G: (6/B)</b> <b>Hospital</b>	<b>(35 student)</b> <b>Dr. Fatma</b>
			<b>(1<sup>st</sup> 3days)</b>  <b>(1<sup>st</sup> 17 student)</b>  <b>Dr. Shimaa</b>	<b>(1<sup>st</sup> 3days)</b>  <b>(2<sup>nd</sup> 18 student)</b> <b>Dr. Hend</b>  <b>Dr. Mona</b>  <b>Dr. Heba</b>	
			<b>Hospital</b>	<b>Case study</b>	
			<b>(2<sup>nd</sup> 3days)</b>  <b>(1<sup>st</sup> 18 student)</b>  <b>Dr. Shimaa</b>  <b>Dr. Mona</b>  <b>Dr. Heba</b>	<b>(2<sup>nd</sup> 3days)</b>  <b>(2<sup>nd</sup> 17 student)</b>  <b>Dr. Hend</b>	
<b>G5</b>	<b>Hospital</b>		<b>Conference</b>		<b>Simulation lab</b>
	<b>G: (5/A)</b> <b>Case study</b>	<b>G: (5/B)</b> <b>Hospital</b>	<b>(35 student)</b>  <b>Dr. Gehad</b>		<b>(35 student)</b>  <b>Dr. Hend</b>
	<b>(1<sup>st</sup> 3days)</b> <b>(1<sup>st</sup> 17 student)</b>  <b>Dr. Fatma</b>	<b>(1<sup>st</sup> 3days)</b> <b>(2<sup>nd</sup> 18 student)</b>  <b>Dr. Karima</b>  <b>Dr. Mona</b>  <b>Dr. Heba</b>			

Faculty dean

Prof.Dr / sabah Abouelfetouh

Department supervisor

Prof.Dr / sabah Abouelfetouh



## Psychiatric Nursing and Mental Health Department



	<b>Hospital</b> <b>(2<sup>nd</sup> 3days)</b> <b>(1<sup>st</sup> 18 student)</b> <b>Dr. Fatma</b> <b>Dr. Mona</b> <b>Dr. Heba</b>	<b>Case study</b> <b>(2<sup>nd</sup> 3days)</b> <b>(2<sup>nd</sup> 17 student)</b> <b>Dr. Karima</b>		
<b>G6</b>	<b>Hospital</b>		<b>Conference</b>  <b>(35 student)</b>  <b>Dr. Amira</b>	<b>Simulation lab</b>  <b>(35 student)</b>  <b>Dr. Shima</b>
	<b>G: (6/A)</b> <b>Case study</b> <b>(1<sup>st</sup> 3days)</b> <b>(1<sup>st</sup> 17student)</b> <b>Dr. Fatma</b>	<b>G: (6/B)</b> <b>Hospital</b> <b>(1<sup>st</sup> 3days)</b> <b>(2<sup>nd</sup> 18 student)</b> <b>Dr. Karima</b> <b>Dr. Mona</b> <b>Dr. Heba</b>		
	<b>Hospital</b> <b>(2<sup>nd</sup> 3days)</b> <b>(1<sup>st</sup> 18 student)</b> <b>Dr. Fatma</b> <b>Dr. Mona</b> <b>Dr. Heba</b>	<b>Case study</b> <b>(2<sup>nd</sup> 3days)</b> <b>(2<sup>nd</sup> 17 student)</b> <b>Dr. Karima</b>		
<b>Week 13,14</b>	<b>Open lab</b>			
<b>Week 15</b>	<b>Clinical exam</b>			

**Faculty dean**  
  
**Prof. Dr / sabah Abouelfetouh**

**Department supervisor**  
  
**Prof. Dr / sabah Abouelfetouh**





## Psychiatric & Mental Health Nursing Dept.

Psychiatric and Mental Health Nursing (Nur 120405)

### time table

### Faculty of nursing 2023-2024 (1<sup>st</sup> semester)

	Topic	lecturer	Date
1	Mental Health and Mental Illness	Prof. Sabah abuelfetoh	8/10/2023
2	Personality Development	Dr.Omnya Elayari	15/10/2023
3	Defense Mechanism	Prof. Sabah abuelfetoh	22/10/2023
4	Legal &Ethical Aspects	Dr.Omnya Elayari	29/10/2023
5	Schizophrenia	Prof. Sabah abuelfetoh	5/11/2023
6	Anxiety Disorders	Dr.Omnya Elayari	12\11/2023
7	Mood disorders	Prof. Sabah abuelfetoh	19/11/2023
8	Communication & relationship	Dr.Omnya Elayari	26/11/2023
9	Substance Abuse and Dependence	Prof. Sabah abuelfetoh	3/12/2023
10	Cognitive Disorders	Dr.Omnya Elayari	10/12/2023
11	Personality Disorder	Prof. Sabah abuelfetoh	17/12/2023
12	Community Mental Health services	Dr.Omnya Elayari	24/12/2023
13	Child psychiatric disorders	Prof. Sabah abuelfetoh	31/12/2023



رئيس القسم  
أ.د. صباح أبو الفتوح

أستاذ المقرر  
أ.د. صباح أبو الفتوح

د/ أمينة صبحي





## Psychiatric Nursing and Mental Health Department



Suggested teaching plan for psychiatric and mental health nursing

Course Code: (NUR 120405)

2<sup>nd</sup> Semester 2023-2024

Students no: 186 student

staff members: 6

Pre-clinical skills preparation group (A)

Day	Topic	Staff. Member
24-25/2/2024	<ul style="list-style-type: none"><li>• Basic principles in dealing with psychiatric patients</li><li>• + Basic clinical terminology</li></ul>	G1: Dr. Gehad
	<ul style="list-style-type: none"><li>• Basic clinical terminology &amp; Introduction to psychopharmacology</li></ul>	
2-3/3/2024	<ul style="list-style-type: none"><li>• Nursing care of patient using Antipsychotic medication</li><li>• Nursing care of patient using Antiparkinsonian medication</li><li>• Nursing care of patient using Antianxiety medication</li></ul>	G2: Dr. Amira G3: Dr. Karima G4: Dr. Hind G5: Dr. Fatma G6: Dr. Shimaa
	<ul style="list-style-type: none"><li>• Nursing care of patient using Antidepressant medication</li><li>• Nursing care of patient using Lithium</li><li>• Written work</li></ul>	

Faculty dean

Prof. Dr / Sabah Abouelfetouh

Department supervisor

Prof. Dr / Sabah Abouelfetouh



## Psychiatric Nursing and Mental Health Department



24/2/2024

:

3/3/2024

### Pre-clinical skills preparation

Date	2/3/2024 : 17/3/2024	30/3/2024 : 14/4/2024	20/4/2024 : 12/5/2024
G1	Conference  (35 student)  Dr. Shimaa	Simulation lab  (35 student)  Dr. Karima	Hospital
			G: (1/A) Case study
			G: (1/B) Hospital
			(1 <sup>st</sup> 3days) (1 <sup>st</sup> 18 student) Dr. Amira
			(1 <sup>st</sup> 3days) (2 <sup>nd</sup> 17 student) Dr. Gehad Dr. Mona
			Hospital
G2	Conference  (35 student)  Dr. Hend	Simulation lab  (35 student)  Dr. Fatma	G: (2/A) Case study
			G: (2/B) Hospital
			(1 <sup>st</sup> 3days) (1 <sup>st</sup> 17 student)
			(1 <sup>st</sup> 3days) (2 <sup>nd</sup> 18 student)
			Hospital
			Hospital

Faculty dean

Prof.Dr / sabah Abouelfetouh

Department supervisor

Prof.Dr / sabah Abouelfetouh



## Psychiatric Nursing and Mental Health Department



			Dr. Amira	Dr. Gehad Dr. Mona
			Hospital (2 <sup>nd</sup> 3days) (1 <sup>st</sup> 18 student) Dr. Amira Dr. Mona	Case study (2 <sup>nd</sup> 3days) (2 <sup>nd</sup> 17 student) Dr. Gehad
G3	Simulation lab  (35 student) Dr. Gehad	Hospital		Conference  (35 student) Dr. Karima
		G:(3/A) Case study (1 <sup>st</sup> 3days) (1 <sup>st</sup> 17 student) Dr. Shimaa	G: (3/B) Hospital (1 <sup>st</sup> 3days) (2 <sup>nd</sup> 18 student) Dr. Hend Dr. Mona	
		Hospital (2 <sup>nd</sup> 3days) (1 <sup>st</sup> 18 student) Dr. Shimaa Dr. Mona	Case study (2 <sup>nd</sup> 3days) (2 <sup>nd</sup> 17 student) Dr. Hend	
G4	Simulation lab	Hospital		Conference

Faculty dean  
Prof. Dr / sabah / Abouelfetouh

Department supervisor  
Prof. Dr / sabah / Abouelfetouh



## Psychiatric Nursing and Mental Health Department



	<b>(35 student)</b>  <b>Dr. Amira</b>		<b>G: (4/A)</b> <b>Case study</b>	<b>G: (6/B)</b> <b>Hospital</b>	<b>(35 student)</b>  <b>Dr. Fatma</b>
			<b>(1<sup>st</sup> 3days)</b>  <b>(1<sup>st</sup> 17 student)</b>  <b>Dr. Shimaa</b>	<b>(1<sup>st</sup> 3days)</b>  <b>(2<sup>nd</sup> 18 student)</b> <b>Dr. Hend</b>  <b>Dr. Mona</b>  <b>Dr. Heba</b>	
			<b>Hospital</b>	<b>Case study</b>	
			<b>(2<sup>nd</sup> 3days)</b>  <b>(1<sup>st</sup> 18 student)</b>  <b>Dr. Shimaa</b>  <b>Dr. Mona</b>  <b>Dr. Heba</b>	<b>(2<sup>nd</sup> 3days)</b>  <b>(2<sup>nd</sup> 17 student)</b>  <b>Dr. Hend</b>	
G5	<b>Hospital</b>		<b>Conference</b>		<b>Simulation lab</b>
	<b>G: (5/A)</b> <b>Case study</b>	<b>G: (5/B)</b> <b>Hospital</b>	<b>(35 student)</b>  <b>Dr. Gehad</b>		<b>(35 student)</b>  <b>Dr. Hend</b>
	<b>(1<sup>st</sup> 3days)</b>  <b>(1<sup>st</sup> 17 student)</b>  <b>Dr. Fatma</b>	<b>(1<sup>st</sup> 3days)</b>  <b>(2<sup>nd</sup> 18 student)</b>  <b>Dr. Karima</b>  <b>Dr. Mona</b>  <b>Dr. Heba</b>			

Faculty dean  
Prof. Dr / sabah Abouelfetouh

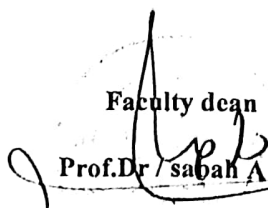
Department supervisor  
Prof. Dr / sabah Abouelfetouh

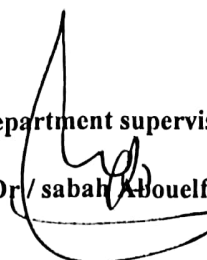


## Psychiatric Nursing and Mental Health Department



	<b>Hospital</b> <b>(2<sup>nd</sup> 3days)</b> <b>(1<sup>st</sup> 18 student)</b> <b>Dr. Fatma</b> <b>Dr. Mona</b> <b>Dr. Heba</b>	<b>Case study</b> <b>(2<sup>nd</sup> 3days)</b> <b>(2<sup>nd</sup> 17 student)</b> <b>Dr. Karima</b>		
G6	<b>Hospital</b>		<b>Conference</b> <b>(35 student)</b> <b>Dr. Amira</b>	<b>Simulation lab</b> <b>(35 student)</b> <b>Dr. Shimaa</b>
	<b>G: (6/A)</b> <b>Case study</b> <b>(1<sup>st</sup> 3days)</b> <b>(1<sup>st</sup> 17student)</b> <b>Dr. Fatma</b>	<b>G: (6/B)</b> <b>Hospital</b> <b>(1<sup>st</sup> 3days)</b> <b>(2<sup>nd</sup> 18 student)</b> <b>Dr. Karima</b> <b>Dr. Mona</b> <b>Dr. Heba</b>		
	<b>Hospital</b> <b>(2<sup>nd</sup> 3days)</b> <b>(1<sup>st</sup> 18 student)</b> <b>Dr. Fatma</b> <b>Dr. Mona</b> <b>Dr. Heba</b>	<b>Case study</b> <b>(2<sup>nd</sup> 3days)</b> <b>(2<sup>nd</sup> 17 student)</b> <b>Dr. Karima</b>		
Week 13,14	<b>Open lab</b>			
Week 15	<b>Clinical exam</b>			

Faculty dean  
  
 Prof. Dr / sabah Abouelfetouh

Department supervisor  
  
 Prof. Dr / sabah Abouelfetouh





## Psychiatric Nursing and Mental Health Department



Suggested teaching plan for psychiatric and mental health nursing  
Course Code: (NUR 120405)

2<sup>nd</sup> Semester 2023-2024

Students no: 186 student

staff members: 6

Pre-clinical skills preparation group (B)

Day	Topic	Staff. Member
26-27/2/2024	<ul style="list-style-type: none"><li>Basic principles in dealing with psychiatric patients</li><li>+ Basic clinical terminology</li></ul>	G1: Dr. Gehad
	<ul style="list-style-type: none"><li>Basic clinical terminology &amp; Introduction to psychopharmacology</li></ul>	
4-5/3/2024	<ul style="list-style-type: none"><li>Nursing care of patient using Antipsychotic medication</li><li>Nursing care of patient using Antiparkinsonian medication</li><li>Nursing care of patient using Antianxiety medication</li></ul>	G2: Dr. Amira G3: Dr. Karima G4: Dr. Hind G5: Dr. Fatma G6: Dr. Shimaa
	<ul style="list-style-type: none"><li>Nursing care of patient using Antidepressant medication</li><li>Nursing care of patient using Lithium</li><li>Written work</li></ul>	

Faculty dean

Prof. Dr / sabah Abouelfetouh

Department supervisor

Prof. Dr / sabah Abouelfetouh





**Psychiatric Nursing and Mental  
Health Department**



26/2/2024

:

5/3/2024

**Pre-clinical skills preparation**

Date	4/3/2024 : 19/3/2024	1/4/2024 : 16/4/2024	22/4/2024 : 14/5/2024	
G1	<b>Conference</b>  (35 student)  Dr. Shimaa	<b>Simulation lab</b>  (35 student)  Dr. Karima	<b>Hospital</b>	
			<b>G: (1/A)</b> <b>Case study</b>	<b>G: (1/B)</b> <b>Hospital</b>
			(1 <sup>st</sup> 3days) (1 <sup>st</sup> 18 student) <b>Dr. Amira</b>	(1 <sup>st</sup> 3days) (2 <sup>nd</sup> 17 student) <b>Dr. Gehad</b> <b>Dr. Mona</b>
			<b>Hospital</b>	<b>Case study</b>
			(2 <sup>nd</sup> 3days) (1 <sup>st</sup> 17 student) <b>Dr. Amira</b> <b>Dr. Mona</b>	(2 <sup>nd</sup> 3days) (2 <sup>nd</sup> 18 student) <b>Dr. Hend</b>
G2	<b>Conference</b>  (35 student)  Dr. Hend	<b>Simulation lab</b>  (35 student)  Dr. Fatma	<b>Hospital</b>	
			<b>G: (2/A)</b> <b>Case study</b> (1 <sup>st</sup> 3days) (1 <sup>st</sup> 17 student)	<b>G: (2/B)</b> <b>Hospital</b> (1 <sup>st</sup> 3days) (2 <sup>nd</sup> 18 student)

Faculty dean

Prof.Dr / sabah Abouelfetouh

Department supervisor

Prof.Dr / sabah Abouelfetouh



## Psychiatric Nursing and Mental Health Department



			Dr. Amira	Dr. Gehad Dr. Mona
			Hospital (2 <sup>nd</sup> 3days) (1 <sup>st</sup> 18 student) Dr. Amira Dr. Mona	Case study (2 <sup>nd</sup> 3days) (2 <sup>nd</sup> 17 student) Dr. Gehad
G3	Simulation lab  (35 student) Dr. Gehad	Hospital		Conference  (35 student) Dr. Karima
		G:(3/A) Case study (1 <sup>st</sup> 3days) (1 <sup>st</sup> 17 student) Dr. Shimaa	G: (3/B) Hospital (1 <sup>st</sup> 3days) (2 <sup>nd</sup> 18 student) Dr. Hend Dr. Mona	
		Hospital (2 <sup>nd</sup> 3days) (1 <sup>st</sup> 18 student) Dr. Shimaa Dr. Mona	Case study (2 <sup>nd</sup> 3days) (2 <sup>nd</sup> 17 student) Dr. Hend	
G4	Simulation lab	Hospital		Conference

Faculty dean

Prof.Dr / sabah Abouelfetouh

Department supervisor

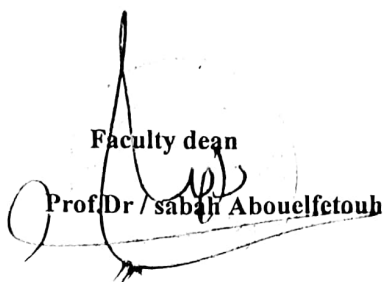
Prof.Dr / sabah Abouelfetouh



## Psychiatric Nursing and Mental Health Department



	<b>(35 student)</b> <b>Dr. Amira</b>		<b>G: (4/A)</b>	<b>G: (6/B)</b>	<b>(35 student)</b> <b>Dr. Fatma</b>
			<b>Case study</b>	<b>Hospital</b>	
			<b>(1<sup>st</sup> 3days)</b>  <b>(1<sup>st</sup> 17 student)</b>  <b>Dr. Shimaa</b>	<b>(1<sup>st</sup> 3days)</b>  <b>(2<sup>nd</sup> 18 student)</b> <b>Dr. Hend</b>  <b>Dr. Mona</b>  <b>Dr. Heba</b>	
			<b>Hospital</b>	<b>Case study</b>	
			<b>(2<sup>nd</sup> 3days)</b>  <b>(1<sup>st</sup> 18 student)</b>  <b>Dr. Shimaa</b>  <b>Dr. Mona</b>  <b>Dr. Heba</b>	<b>(2<sup>nd</sup> 3days)</b>  <b>(2<sup>nd</sup> 17 student)</b>  <b>Dr. Hend</b>	
<b>G5</b>	<b>Hospital</b>		<b>Conference</b>		<b>Simulation lab</b>
	<b>G: (5/A)</b>	<b>G: (5/B)</b>	<b>(35 student)</b>  <b>Dr. Gehad</b>		<b>(35 student)</b>  <b>Dr. Hend</b>
	<b>Case study</b>	<b>Hospital</b>			
	<b>(1<sup>st</sup> 3days)</b>  <b>(1<sup>st</sup> 17 student)</b>  <b>Dr. Fatma</b>	<b>(1<sup>st</sup> 3days)</b>  <b>(2<sup>nd</sup> 18 student)</b>  <b>Dr. Karima</b>  <b>Dr. Mona</b>  <b>Dr. Heba</b>			

  
 Faculty dean  
 Prof.Dr / sabah Abouelfetouh

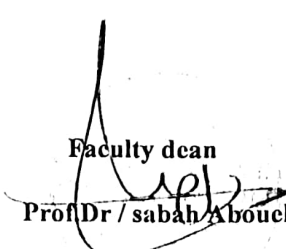
Department supervisor  
 Prof.Dr / sabah Abouelfetouh



## Psychiatric Nursing and Mental Health Department



	<b>Hospital</b> <b>(2<sup>nd</sup> 3days)</b> <b>(1<sup>st</sup> 18 student)</b> <b>Dr. Fatma</b> <b>Dr. Mona</b> <b>Dr. Heba</b>	<b>Case study</b>  <b>(2<sup>nd</sup> 3days)</b>  <b>(2<sup>nd</sup> 17 student)</b>  <b>Dr. Karima</b>		
<b>G6</b>	<b>Hospital</b>		<b>Conference</b>  <b>(35 student)</b>  <b>Dr. Amira</b>	<b>Simulation lab</b>  <b>(35 student)</b>  <b>Dr. Shimaa</b>
	<b>G: (6/A)</b> <b>Case study</b> <b>(1<sup>st</sup> 3days)</b> <b>(1<sup>st</sup> 17student)</b> <b>Dr. Fatma</b>	<b>G: (6/B)</b> <b>Hospital</b> <b>(1<sup>st</sup> 3days)</b> <b>(2<sup>nd</sup> 18 student)</b> <b>Dr. Karima</b> <b>Dr. Mona</b> <b>Dr. Heba</b>		
	<b>Hospital</b> <b>(2<sup>nd</sup> 3days)</b> <b>(1<sup>st</sup> 18 student)</b> <b>Dr. Fatma</b> <b>Dr. Mona</b> <b>Dr. Heba</b>	<b>Case study</b> <b>(2<sup>nd</sup> 3days)</b> <b>(2<sup>nd</sup> 17 student)</b> <b>Dr. Karima</b>		
<b>Week 13,14</b>	<b>Open lab</b>			
<b>Week 15</b>	<b>Clinical exam</b>			

**Faculty dean**  
  
**Prof.Dr / sabah Abouelfetouh**

**Department supervisor**  
  
**Prof.Dr / sabah Abouelfetouh**



**Psychiatric Nursing and Mental  
Health Department**



**Suggested teaching plan for psychiatric and mental health nursing**

**Course Code: (NUR 120405)**

**2<sup>nd</sup> Semester 2023-2024**

**Students no: 185 student**

**staff members: 6**

**Pre-clinical skills preparation group (C)**

Day	Topic	Staff. Member
28-29/2/2024	<ul style="list-style-type: none"><li>• Basic principles in dealing with psychiatric patients</li><li>• + Basic clinical terminology</li></ul>	G1: Dr. Gehad G2: Dr. Amira G3: Dr. Karima G4: Dr. Hind G5: Dr. Fatma G6: Dr. Shimaa
	<ul style="list-style-type: none"><li>• Basic clinical terminology &amp; Introduction to psychopharmacology</li></ul>	
6-7/3/2024	<ul style="list-style-type: none"><li>• Nursing care of patient using Antipsychotic medication</li><li>• Nursing care of patient using Antiparkinsonian medication</li><li>• Nursing care of patient using Antianxiety medication</li></ul>	
	<ul style="list-style-type: none"><li>• Nursing care of patient using Antidepressant medication</li><li>• Nursing care of patient using Lithium</li><li>• Written work</li></ul>	

Faculty dean

Prof. Dr / sabah Abouelfetouh

Department supervisor

Prof. Dr / sabah Abouelfetouh



## Psychiatric Nursing and Mental Health Department



28/2/2024

7/3/2024

### Pre-clinical skills preparation

Date	6/3/2024 : 21/3/2024	3/4/2024 : 18/4/2024	24/4/2024 : 16/5/2024
G1	Conference  (35 student)  Dr. Shima	Simulation lab  (35 student)  Dr. Karima	Hospital
			G: (1/A) Case study (1 <sup>st</sup> 3days) (1 <sup>st</sup> 18 student) Dr. Amira
			G: (1/B) Hospital (1 <sup>st</sup> 3days) (2 <sup>nd</sup> 17 student) Dr. Gehad Dr. Mona
			Hospital (2 <sup>nd</sup> 3days) (1 <sup>st</sup> 17 student) Dr. Amira Dr. Mona
G2	Conference  (35 student)  Dr. Hend	Simulation lab  (35 student)  Dr. Fatma	Hospital
			G: (2/A) Case study (1 <sup>st</sup> 3days) (1 <sup>st</sup> 17 student)
			G: (2/B) Hospital (1 <sup>st</sup> 3days) (2 <sup>nd</sup> 18 student)

Faculty dean

Prof.Dr / sabah Abouelfetouh

Department supervisor

Prof.Dr / sabah Abouelfetouh





## Psychiatric Nursing and Mental Health Department



			Dr. Amira		Dr. Gehad Dr. Mona
			Hospital (2 <sup>nd</sup> 3days) (1 <sup>st</sup> 18 student) Dr. Amira Dr. Mona		Case study (2 <sup>nd</sup> 3days) (2 <sup>nd</sup> 17 student) Dr. Gehad
G3	Simulation lab  (35 student) Dr. Gehad	Hospital		Conference  (35 student) Dr. Karima	
		G:(3/A) Case study (1 <sup>st</sup> 3days) (1 <sup>st</sup> 17 student) Dr. Shimaa	G: (3/B) Hospital (1 <sup>st</sup> 3days) (2 <sup>nd</sup> 18 student) Dr. Hend Dr. Mona		
		Hospital (2 <sup>nd</sup> 3days) (1 <sup>st</sup> 18 student) Dr. Shimaa Dr. Mona	Case study (2 <sup>nd</sup> 3days) (2 <sup>nd</sup> 17 student) Dr. Hend		
G4	Simulation lab	Hospital		Conference	

Faculty dean  
  
Prof. Dr / sabah Abouelfetouh

Department supervisor  
Prof. Dr / sabah Abouelfetouh



## Psychiatric Nursing and Mental Health Department



	<b>(35 student)</b> <b>Dr. Amira</b>		<b>G: (4/A)</b> <b>Case study</b>	<b>G: (6/B)</b> <b>Hospital</b>	<b>(35 student)</b> <b>Dr. Fatma</b>
			<b>(1<sup>st</sup> 3days)</b>  <b>(1<sup>st</sup> 17 student)</b> <b>Dr. Shimaa</b>	<b>(1<sup>st</sup> 3days)</b>  <b>(2<sup>nd</sup> 18 student)</b> <b>Dr. Hend</b> <b>Dr. Mona</b> <b>Dr. Heba</b>	
			<b>Hospital</b>	<b>Case study</b>	
			<b>(2<sup>nd</sup> 3days)</b>  <b>(1<sup>st</sup> 18 student)</b> <b>Dr. Shimaa</b> <b>Dr. Mona</b> <b>Dr. Heba</b>	<b>(2<sup>nd</sup> 3days)</b>  <b>(2<sup>nd</sup> 17 student)</b> <b>Dr. Hend</b>	
<b>G5</b>	<b>Hospital</b>		<b>Conference</b>		<b>Simulation lab</b>
	<b>G: (5/A)</b> <b>Case study</b>	<b>G: (5/B)</b> <b>Hospital</b>	<b>(35 student)</b> <b>Dr. Gehad</b>		<b>(35 student)</b> <b>Dr. Hend</b>
	<b>(1<sup>st</sup> 3days)</b> <b>(1<sup>st</sup> 17 student)</b> <b>Dr. Fatma</b>	<b>(1<sup>st</sup> 3days)</b> <b>(2<sup>nd</sup> 18 student)</b> <b>Dr. Karima</b> <b>Dr. Mona</b> <b>Dr. Heba</b>			

  
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Department supervisor  
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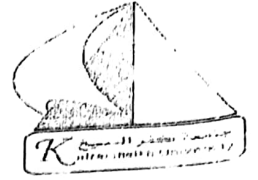
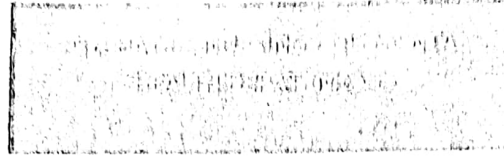
## Psychiatric Nursing and Mental Health Department



	<b>Hospital</b> <b>(2<sup>nd</sup> 3days)</b> <b>(1<sup>st</sup> 18 student)</b> <b>Dr. Fatma</b> <b>Dr. Mona</b> <b>Dr. Heba</b>	<b>Case study</b> <b>(2<sup>nd</sup> 3days)</b> <b>(2<sup>nd</sup> 17 student)</b> <b>Dr. Karima</b>		
G6	<b>Hospital</b>		<b>Conference</b> <b>(35 student)</b> <b>Dr. Amira</b>	<b>Simulation lab</b> <b>(35 student)</b> <b>Dr. Shima</b>
	<b>G: (6/A)</b> <b>Case study</b> <b>(1<sup>st</sup> 3days)</b> <b>(1<sup>st</sup> 17student)</b> <b>Dr. Fatma</b>	<b>G: (6/B)</b> <b>Hospital</b> <b>(1<sup>st</sup> 3days)</b> <b>(2<sup>nd</sup> 18 student)</b> <b>Dr. Karima</b> <b>Dr. Mona</b> <b>Dr. Heba</b>		
	<b>Hospital</b> <b>(2<sup>nd</sup> 3days)</b> <b>(1<sup>st</sup> 18 student)</b> <b>Dr. Fatma</b> <b>Dr. Mona</b> <b>Dr. Heba</b>	<b>Case study</b> <b>(2<sup>nd</sup> 3days)</b> <b>(2<sup>nd</sup> 17 student)</b> <b>Dr. Karima</b>		
Week 13,14	<b>Open lab</b>			
Week 15	<b>Clinical exam</b>			

Faculty dean  
 Prof. Dr. / sabah Abouelfetouh

Department supervisor  
 Prof. Dr. / sabah Abouelfetouh



**Psychiatric and Mental Health Nursing (Nur 120405)**

**time table**

**Faculty of nursing 2023-2024(2<sup>nd</sup> semester)**

	Topic	lecturer	Date
1	Mental Health and Mental Illness	Prof. Sabah	18/2/2024
2	Personality Development	Prof. Sabah	25/2/2024
3	Defense Mechanism	Dr.Omnya	3/3/2024
4	Schizophrenia	Prof. Sabah	10/3/2024
5	Communication & relationship	Dr.Omnya	17/3/2024
6	Legal &Ethical Aspects	Dr.Omnya	31/3/2024
7	Anxiety Disorders	Dr.Omnya	7/4/2024
8	Mood disorders	Dr.Omnya	14/4/2024
9	Substance Abuse and Dependence	Prof. Sabah	21/4/2024
10	Cognitive Disorders	Prof. Sabah	28/4/2024
11	Personality Disorder	Prof. Sabah	5/5/2024
12	Community Mental Health services	Dr.Omnya	12/5/2024

**Head of department:**

**Dr: Sabah Abo Elfetouh**